



63rd Annual Conference

Collaborative Approach in the Search for Answers

Program Quick Guide

October 10-12, 2018

Harrah's Reno
219 North Center Street
Reno, NV 89501

Quick Guide schedule - 2018

Wednesday – Oct. 10

Time	Meeting	Location
1:30-7:00	Registration	Foyer
2:30-3:45	ExCom Meeting	Washoe A
4:00-4:20	Effects of an intervention program of exercise and dietary supplements on the body composition in middle aged women – <i>Soojin Yoo (Univ. of Texas, Rio Grande Valley), Jeoghun Shin & Jan Jin Park (Songwon Univ., Gwangju, South Korea).</i>	Washoe BC
4:00-4:20	Collegiate athletes' sport experiences – <i>Bethany Shifflett & Katelynn Thompson (San José State Univ.).</i>	Washoe A
4:30-5:20	Faculty Poster Session	Washoe DEF
5:30-6:20	A study of the characteristics of recreational tennis players in Albuquerque, New Mexico, from sport marketing perspectives – <i>Yongseek Kim (New Mexico Highlands Univ.), Kyongmin Lee (Jeonju Univ.), Woojeong Cho (Korea Maritime & Ocean Univ.) & Jay Lee (New Mexico Highlands Univ.).</i>	Washoe BC
6:30-7:30	Keynote	Washoe BC
7:30-8:15	Reception	Foyer

Thursday – Oct.11

***Student posters displayed by 9AM**

Time	Meeting	Location
8:30-8:50	Anthropometric and kinematic parameters during running among young adults – <i>Amber Perez & Teresa Coronado (La Sierra Univ.)</i> .	Washoe BC
9:00-9:50	Round Table Discussion: Binge TV watching – <i>Julie Son (Univ. of Idaho) & Elizabeth Weybright (Washington State Univ.)</i> .	Washoe DEF
9:00-9:20	A multidisciplinary team approach medical simulation in healthcare programs in an urban university setting – <i>Guillermo Escalante, Dawn Blue, Geraldine Fike, Jose Munoz & Yeon Kim (CSU San Bernardino)</i> .	Washoe A
9:30-9:50	Using the ecological model to address physical inactivity in older adults – <i>Kimberly Feiler (La Sierra Univ.)</i> .	Washoe BC
10:00-10:50	Promoting moral growth in an athletic department – <i>Mark Sowa & D.K. Stoll (Univ. of Idaho)</i> .	Washoe DEF
10:30-10:50	Round Table Discussion: Undergraduate research: An excellent tool to enhance applied learning experience – <i>Clay Robinson (Lewis-Clark State College)</i> .	Washoe BC
11:00-11:50	Metabolic effects of mindful exercise: Implications for hypoxia and chronic conditions – <i>Tony Gryffin (California State Univ., Sacramento)</i> .	Washoe DEF
11:00-11:20	Mindset and motivation: Growth mindset and exercise motives of college students – <i>Lindsey Greviskes, Wesley Kephart & Andrea Ednie (Univ. of Wisconsin-Whitewater)</i> .	Washoe BC
11:30-11:50	Ice slurry ingestion effect on cardiovascular drift and VO_{2max} during heat stress – <i>Jason Ng (California State Univ., San Bernardino), Ward Dobbs (California State Univ., San Bernardino) & Jonathan Wingo (The Univ. of Alabama)</i> .	Washoe BC
12:00-1:00	Luncheon, EC Davis Lecture & Awards	Douglas

1-2:15	Business Meeting	Washoe A
2:30-3:20	The error in reasoning when using Disability Policy: “Go to Legal - they will tell us what to do” – <i>Aubrey Shaw & Sharon Stoll (Univ. of Idaho)</i> .	Washoe DEF
2:30-2:50	Cerebral hemodynamic responses to acute aerobic exercise in individuals with and without Down Syndrome – <i>Sang Ouk Wee (California State Univ., San Bernardino), Thessa Hilgenkamp (Univ. of Illinois at Chicago), Tracy Baynard (Univ. of Illinois at Chicago) & Bo Fernhall (Univ. of Illinois at Chicago)</i> .	Washoe BC
3:00-3:20	Who are you and why do you exercise? Associations with personality and exercise motivations – <i>Madison Wargowsky, Wesley Kephart, Andrea Ednie & Lindsey Greviskes (Univ. of Wisconsin-Whitewater)</i> .	Washoe BC
3:30-4:20	Alterations in musculoskeletal architecture and strength, and their relation to functional mobility in adults with Cerebral Palsy – <i>Areum Jensen (San José State Univ.)</i> .	Washoe DEF
3:30-3:50	Relationship between physical activity and eating behaviors by college students – <i>Hosung So (California State Univ., San Bernardino), Minjo Kim (Cheongju National Univ. of Education), Minhyun Kim (Sam Houston State Univ.), Younglee Kim and Yeonsook Kim (California State Univ., San Bernardino)</i> .	Washoe BC
4:00-4:20	Social cognitive aspects of healthy leisure in college students – <i>Julie Son (Univ. of Idaho)</i> .	Washoe BC
4:30-6:00pm	Student Poster Session	Washoe DEF
6:00-7:30	Reception; Activity & Awards (student, faculty)	Douglas

Friday – Oct 12

Time	Meeting	Location
9:00-9:20	Is it better to exercise in the Great Outdoors? College students' perceptions of, and commitment to outdoor physical activity – <i>Andrea Ednie, Lindsey Greviskes & Wesley Kephart (Univ. of Wisconsin-Whitewater).</i>	Washoe BC
9:00-9:50	Moving the profession forward: The case for promoting undergraduate exercise science accreditation and certification – <i>Ben Thompson (Metropolitan State Univ. of Denver).</i>	Washoe DEF
9:30-9:50	Brain breaks go to college – <i>Kimberly Feiler (La Sierra Univ.).</i>	Washoe BC
10:00-10:20	A study on self-defense strategies and skills in real life attacks – <i>Gong Chen (San José State Univ.).</i>	Washoe BC
10:00-10:50	Understanding Autism Spectrum Disorder and the effect of exercise – <i>Areum Jensen & Tracey Bullock (San José State Univ.).</i>	Washoe DEF
11:00-11:20	Collaborate and listen! Using social media to engage students in a PETE course – <i>Daniel Balderson (Univ. of Lethbridge).</i>	Washoe DEF
11:30-11:50	Caring climate, adherence, and quality of life among individuals with Parkinson's disease: a mediation analysis – <i>Lindsey Greviskes (Univ. of Wisconsin-Whitewater) & Leslie Podlog (Univ. of Utah).</i>	Washoe DEF
11:50-12:00	Wrap Up	Washoe DEF