



Western Society for Kinesiology and Wellness

**62nd Annual Conference
Program Quick Guide**

October 11-13, 2017

Harrah's Reno
219 North Center Street
Reno, NV 89501

*Scholarship of Engagement: Crossroads of Teaching,
Research, and Service*

Wednesday, October 11th
Registration Open 2:00-5:30pm

2:30-3:45	Business Meeting	Washoe A
4:00-4:20	Cardiac and Perceptual Responses to Performing Tandem Cardiopulmonary Resuscitation. Alex Shafer, Montana State University Billings	Washoe BC
4:00-4:20	A comparison of video conferencing versus in-person health coaching approaches in combination with mHealth devices on weight loss, physical activity, and glycemic control. Kelly Johnson, University of Saint Mary	Washoe DEF
4:30-5:20	Tech-App Exchange. Bethany Shifflett, San Jose State University	Washoe A
4:30-4:50	Walking with a weighted exercise vest: How much weight do you really need? Jeffrey Bernard, California State University, Stanislaus	Washoe DEF
5:00-5:50	Evaluation of the Video-Based Virtual Exercise Physiology Laboratory. Young Sub Kwon, Humboldt State University	Washoe DEF
6:00-6:50	Keynote Address. Penny McCullagh, California State University, East Bay	Washoe BC
7:00-8:00	Welcome Social	Douglas

Thursday, October 12th; Registration Open 8-12:30

8:00-9:15	Business Meeting	Washoe A
9:30-9:50	Effects of Aerobic and Resistance Training Effects on Short Term Memory Salina Ramachhita, Bertha Alicia Mendoza, La Sierra University.	Washoe BC
9:30-9:50	Vascular Conductance and Peripheral Blood Flow in Individuals with Down Syndrome Following Lower Body Negative Pressure Challenge. Sang Ouk Wee, California State University, San Bernardino	Washoe DEF
10:00-10:20	Taking a Stand: The NSCA's Position Paper for Female Athletes and Its Impact on Strength Training Research, 1990-2017. Jason Shurley, University of Wisconsin, Whitewater	Washoe BC
10:00-10:20	Introducing Kinesiology STEM activities in the High School. Judy Schultz, Washington State University	Washoe DEF
10:30-10:50	Disability: The interconnection of beauty, body, and perception. Aubrey Shaw, University of Idaho	Washoe BC
10:30-10:50	The Analysis of Post-Running Event Surveys: "Cemetery Hill Won't Bury Me." Andrea Ednie, University of Wisconsin, Whitewater	Washoe DEF
11-11:20	Adapted Aquatic Skills Program for Children with Autism and Autistic Related Spectrum. Walter Malsbury, California State University, Fresno	Washoe BC
11-11:20	Implicit Bias of Pre-Professionals in Kinesiology. Mindy Rice, University of Idaho	Washoe DEF
11:30-12:20	Faculty Poster Presentations	Washoe DEF
12:30-1:45	Luncheon; Awards; E.C. Davis Speaker, Rob Carlson; CSU San Bernardino	Douglas
2-3:30	Student Poster Presentations	Washoe DEF
3:30-3:50	Effects of Caffeine on College Students' One Repetition Maximum. Daniel Flores, La Sierra University.	Washoe BC
3:30-3:50	Dose-Response Association Between Exercise Intensity and Manual Motor Performance in Individuals with Down Syndrome: A Preliminary Study. Chih-Chia Chen, Mississippi State University	Washoe DEF
4-4:20	The effects of topical aminophylline, yohimbe, L-carnitine, caffeine, and gotu kola on thigh circumference, skinfold thickness, and fat mass in sedentary females. Guillermo Escalante, California State University, San Bernardino	Washoe BC
4-4:20	Utilization of TESTWELL: A Health Practices Survey to Target Student Needs. Kim Knowlton, La Sierra University	Washoe DEF
4:30-5:20	Partnering Undergraduate Research and Service-learning Programs in a Kinesiology program at a Teaching University. Jennifer Sherwood, California State University, East Bay	Washoe BC
5-5:20	The Right to Mobility: Modified Ride-On Cars for Exploration and Play. Sam Logan, Oregon State University	Washoe DEF
5:30-7:00	Student Jeopardy; Awards; Reception; Raffle	Douglas

Friday, October 13th

9:30-9:50	The outcomes and reflections of Kinesiology and Exercise Science majors on the application of Service Learning through teaching physical activity classes to elderly participants in a long term care and assisted living facility. Lee Ann Wiggin, Lewis-Clark State College	Washoe BC
9:30-9:50	Validation of GymAware for Measuring Muscular Velocity in Healthy Older Adults. Jennifer Sherwood, California State University, East Bay	Washoe DEF
10:00-10:20	Presentation moved to Oct. 12th, 4-4:20	Washoe BC
10:00-10:20	International Service Learning for Kinesiology: Sharing Procedures, Reflections, and Outcomes. Hosung So, California State University, San Bernardino	Washoe DEF
10:30-10:50	A University-based Therapeutic Exercise Program for Young Adults with Disabilities. Jihyun Lee, San Jose State University	Washoe BC
10:30-10:50	Identity in Escrow: A Case Study of a Professional Golf Management University Program. Cole Armstrong, San Jose State University	Washoe DEF
10:50-11	Conference Wrap Up; Closing Remarks	Washoe DEF
11:15-12:15	Executive Committee Meeting	Washoe A