

Wester Society for Kinesiology and Wellness  
2016 Recognition Award Winners

**Faculty Awards**

**Faculty Young Scholar Award**

Julia Freedman Silvernail; University of Nevada, Las Vegas: Progression in Gait Symmetry Following Total Hip Arthroplasty.

Jeffrey R. Bernard; CSU, Stanislaus: Short-Term Expiratory Muscle Strength Training Attenuates Sleep Apnea and Improves Sleep Quality in Patients with Obstructive Sleep Apnea.

Senlin Chen; Iowa State University: The Effects of a Concept-Based Physical Education Unit for Energy Balance Education.

**Outstanding Faculty Research Poster Award**

Heather Van Mullem, Randi Smith, Karina Davila-Castillo; Lewis-Clark State College: Does Gender Really Matter? Examining Gender Bias in the Evaluation of Coaches.

**Outstanding Faculty Research Oral Presentation**

Melonie Buchanan Murray, Steven R. Murray; University of Utah: The Physical Practice of Dance and Sport as Cultural Expression.

**Student (Peavy Papers) Awards**

**Dr. Matthew Slivers Outstanding Research Critique Award**

Alyssa Kaschak; San Jose State University: Biomechanical Analysis of Gymnasts at Peak GFR in Landing.

**Dr. Robert Carlson Outstanding Review of Literature Award**

Conner Bichler; Whitworth University: Supplement Effects on Muscle Performance and Recovery.

**Dr. Lawrence Bruya Outstanding Original Research Poster Award**

Ellie Shaughnessy, Anneliese Barnes; Whitworth University: Relation Between Sleep Duration and CVD Risk in College Students.

**Outstanding Original Research Award (oral presentation)**

Pat Hickey; Whitworth University: Exercise Performance Following Foam Rolling.

**Campus Award**

**'Bootster' Award**

San Jose State University